

# Sunshine State Games Taekwondo

## Polk County Festival May 28-31, 2021

### Location and Schedule

RP Funding Center

701 West Lime Street

Lakeland, Florida 33815

*Event venue, dates, and location are subject to change.*

**Registration information is forthcoming / Tentative Schedule – Subject to change**

### Friday, May 28, 2021

2:00-9:00 p.m. – On-site Registration, Athlete & Coach Credential Pick-up/Check-in/Weigh-in

### Saturday, May 29, 2021

7:00 a.m.: Venue doors open

7:15 a.m.- 9:30 a.m.: Athlete & Coach Credential Pick-up/Check-in/Weigh-in for Saturday events

9:15 a.m. Referee Meeting

9:30 a.m. Coaches Meeting

9:50 a.m. Opening Ceremonies/National Anthem

10:00 a.m. First Divisions called. ALL ATHLETES must be in the venue at this time, as divisions will be called out of order with multiple events running at the same time.

(breaking, weapons, poomsae, etc.) All traditional events, Black Belt Sparring ages 14 and under (World Class and Grass Roots for Cadets), the Sunshine Warrior (Para) Divisions, are held on Saturday only.

NOON to 6pm– On-site Registration for Sunday events, Athlete & Coach Credential Pick-up/Check-in/Weigh-in.

### Sunday, May 30, 2021

7:00 a.m.: venue doors open

7:00-9:30 a.m.: Coach Credential Pickup. NO SUNDAY ONSITE REGISTRATION

9:15 a.m.: Referee Meeting

9:30 a.m.: Coaches Meeting

9:50 a.m.: National Anthem

10:00 a.m.: First Divisions called. All Athletes must be in the venue at this time, as divisions and weight classes will be called out of order with multiple events running at the same time (WT/USAT Sport Poomsae & World Class Black Belt Sparring ages \15

and up)

## **Saturday Events**

### **Traditional Scoring Competition**

#### **Gyoroogi (Sparring):**

White Belt

Yellow / Orange Belt

Green Belt

Blue / Purple Belt

Red / Brown Belt

**Black Belt – Grass Roots only – as defined herein –**

**Black Belt - 11 and under**

**Black Belts – World Class 12-14**

#### **Goypka (Breaking):**

White Belt

Yellow / Orange Belt

Green Belt

Blue / Purple Belt

Red / Brown Belt

Black Belt

#### **Weapons:**

White Belt

Yellow / Orange Belt

Green Belt

Blue / Purple Belt

Red / Brown Belt

Black Belt

#### **Power Breaking:**

18+ Black Belt Only

#### **Poomsae (Forms) – Traditional (any recognized taekwondo forms):**

White Belt

Yellow / Orange Belt

Green Belt

Blue / Purple Belt  
Red / Brown Belt  
Black Belt / 1st Dan  
Black Belt / 2nd Dan  
Black Belt / 3rd Dan  
Black Belt / 4th Dan & above

**Sunshine Warrior (Para) Divisions \*\***

**Gyoroogi (Para Sparring):**

White Belt  
Yellow / Orange Belt  
Green Belt  
Blue / Purple Belt  
Red / Brown Belt  
Black Belt

**Goypka (Para Breaking):**

White Belt  
Yellow / Orange Belt  
Green Belt  
Blue / Purple Belt  
Red / Brown Belt  
Black Belt

**Para Weapons:**

White Belt  
Yellow / Orange Belt  
Green Belt  
Blue / Purple Belt  
Red / Brown Belt  
Black Belt

**Poomsae (Para Forms) – Traditional (any recognized taekwondo forms):**

White Belt  
Yellow / Orange Belt  
Green Belt  
Blue / Purple Belt

Red / Brown Belt

Black Belt / 1st Dan & Above

**\*\* The Sunshine Warrior (Para) Divisions** are specifically designed for those athletes who train with physical or mental limitations, such as an amputee or an athlete with MS, Down syndrome, Asperger Syndrome, etc. The divisions allow them to compete on a more level playing field, which allows consideration for their limitations but encourages their warrior spirit as Tae Kwon Do athletes.

## **SUNDAY EVENTS**

### **World Class Black Belt Sparring as defined herein**

#### **Male & Female**

Juniors (15-17)

Seniors (18-29) and (30-39)

Ultra (40 and up)

### **WT/USAT Scoring – Sport Poomsae Competition Black Belts Only**

#### **Poomsae (Forms) – All Black Belt 1st-9th Dan**

##### **Individual – Male & Female Divisions:**

Youth (10-11)

Cadet (12-14)

Juniors (15-17)

1st Senior (18-30)

2nd Senior (31-40)

1st Master (41-50)

2nd Master (51-60)

3rd Master (61+)

##### **Pairs – Co-Ed (should be 1 male & 1 female pair member):**

14 and under (10-14)

Juniors (15-17)

1st Pair (18-30)

2nd Pair (31 +)

##### **Team – Male & Female Divisions (should be all male or all female team members):**

14 and under (10-14)

Juniors (15-17)

1st Team – Color (18-30)

2nd Team – Color (31 +)

### Format

- All color belts with color tips will compete within the division of their belt color (i.e. blue belt with brown tip, entry division will be blue).
- Belt classes are defined as follows: white; yellow & orange; green; purple & blue; brown & red; and black.
- Event Director has the right to change the competitor's weight division and categories as deemed necessary.
- All applicants participating in the WT/USAT Sport Poomsae competition will be required to present the designated poomsae as indicated below for their division and belt.
- Electronic scoring will be used for all divisions.
- Sparring competition will be single elimination for all Color Belts and Black Belts.
- Black Belt sparring competitors 12+ must determine if you will compete in Grass Roots sparring competition or World Class sparring competition. **You cannot compete in both.** Grass Roots will incorporate junior safety rules for all sparring divisions; World Class will be under full head contact adult rules. Grass Roots competitors cannot participate in the Grand Champion Sparring competition set forth below.
- Grand Champion Black Belt Sparring Competition: World Class Male Winners in the 18-29 and 30-39 divisions shall be combined in a single elimination sparring competition. World Class Female Winners in the 18-29 and 30-39 shall be combined in a single elimination sparring competition. All weight classes are combined with seeding being determined by random drawing.
- Grand Champion WT/USAT Sport Poomsae Competition Black Belt: Male and Female winners of the 10-17 age groups will be combined into 1 division and Male and Female winners of the 18 and up age groups will be combined into 1 division. Competitors shall compete presenting 1 form of their choice. Form must be chosen from the competitor's specific age group of allowable poomsae in accordance with USAT poomsae matrix. By example a 10-year-old athlete cannot present Hansu and a 40-year-old athlete cannot present Taeguek 3.

- 12 and older (12 +) World Class Black Belt Divisions will use Daedo Electronic chest guards. PARTICIPANTS ARE REQUIRED TO SUPPLY THEIR OWN DAEDO ELECTRONIC FOOT PADS. Either GEN 1 or 2 foot pads are allowed. NO FOOTPADS WILL BE AVAILABLE FOR PURCHASE AT THE EVENT.

### **Entry Requirements / Fees**

- Pre-registration entry fee is \$50 for the first event and \$10 for each additional event per participant and includes a State Games t-shirt. Pre-registration for Coaches Credential is \$20. Register online at [www.sunshinestategames.com](http://www.sunshinestategames.com) by May 3, 2021. NO refunds.
- Regular registration entry fee is \$60 for the first event and \$10 for each additional event per participant. Late registrants are not guaranteed a t-shirt, so register early! Regular registration for Coaches Credential is \$25. Register online at [www.sunshinestategames.com](http://www.sunshinestategames.com) by May 21, 2021. NO refunds.
- Late entries will be accepted online only at [www.sunshinestategames.com](http://www.sunshinestategames.com) by May 26, 2021. NO refunds. Late registration entry fee is \$70 for the first event and \$10 for each additional event per participant. Late registration for Coaches Credential is \$30. NO refunds.
- On-site Late registration is available on Friday, May 28, 2021 from 2:00 pm to 9:00 pm and Saturday May 29, 2021 from 7:15 a.m. to 9:30 a.m. for Saturday events and from 2:00 pm to 8:00 pm for Sunday events. Only cash, checks and money orders are accepted at the door. Only special entry forms provided on-site will be accepted for late registration.
- No day of competition registration will be allowed for Sunday events.
- No coaches will be allowed in the competition area without coaching credentials. No parents or spectators will be allowed in the competition area.
- Each applicant must complete an Individual Entry Form and Waiver of Liability and submit them by the entry deadline or register online at [www.sunshinestategames.com](http://www.sunshinestategames.com).
- Applicants should enter their weight, in pounds, in the field labeled "Body Weight".
- Applicants should enter their Taekwondo school name in the field labeled "Club Name".
- Applicants must enter their date of birth and belt ranking.

- Color belt Applicants may enter the following events (sparring, breaking, weapons, standard/traditional forms).
- Black Belts may enter the following events (sparring – grass roots or world class (but not both), breaking, power breaking (\*), weapons, standard/traditional forms, WT/USAT Sport Poomsae individual, pair and/or team forms). (\*) ONLY 18 and above BLACK BELTS may enter the power breaking division.
- The Sunshine Warrior (Para) Divisions are specifically designed for those athletes who train with physical or mental limitations, such as an amputee or an athlete with MS, Down Syndrome, Asperger Syndrome, etc. The divisions allow them to compete on a playing field that allows consideration for their limitations but encourages their warrior spirit as Tae Kwon Do athletes. Please note your specific limitation in the field labeled “Partner Name”.
- Team Poomsae events may consist of 3 male or 3 female athletes competing as a “team”. Pair Poomsae events may consist of 1 male and 1 female athlete competing as a “pair”.
- It is the responsibility of the applicant to confirm their registration by visiting [www.sunshinestategames.com](http://www.sunshinestategames.com) or calling toll-free 1-866-FL-GAMES (354-2637).
- **Breaking boards must be purchased at the competition venue upon check-in.** The Tournament Director must approve all breaking boards. All breaking competitors must supply their own holders.
- Power Breaking will consist of ONLY 1 station and the participant may utilize any of the following materials: wood, cement, brick, tile, granite. The center referee will make ringside inspection of the breaking materials. The participants will be REQUIRED to provide all cement, brick, tile, and granite.
- \*\* Tournament Director may grant a waiver to the weigh-in day requirement on a case by case basis and at his sole discretion.

### **Sport Rules**

- This tournament will be conducted in accordance to modified World Taekwondo Federation and USA Taekwondo rules for competition.
- All USA Taekwondo Junior Safety Rules apply. 11 and under color belt divisions and 7 and under black belt divisions may not kick the head. 8-9 and 10-11 black belts are allowed head contact under Junior Safety Rules (light head contact). 12 and up color belts will be allowed head contact under Junior Safety rules. 12 and up Black Belt– must identify at the time of registration

and confirm in holding if they are sparring under Grassroots (Junior Safety rules) or under World Class (adult rules). Only World Class competitors are eligible for entry into the Scholarship lottery.

- No head-shots will be allowed for any Sunshine Warrior (Para) Sparring Divisions.
- For divisions allowing full head contact, the WT/USAT scoring criteria will be used: 3 points for head contact; additional 2 points for spinning technique to the head; 4 points for turning/spinning kick to the body; 2 points for kick to the body and 1 point for all other legal scoring actions.
- For sparring competition, World Taekwondo Federation / Olympic style only.
- For Standard/Traditional Forms competition, any recognized Korean form is acceptable. For WT/USAT Sport Poomsae forms, please see designated poomsae listed below and it will follow a modified cut-off method for competition 12 or less final round; 13 + preliminary and final rounds.
- Competitors must provide headgear (White or Blue & Red), chest protectors (Blue or Red), forearm protectors, shin and instep protectors, mouth guards and protective cups (for both male and female competitors), WT approved hand protectors are optional. Uniforms should be white V-neck style for color belts and V-neck black collar for all Black Belts. All 12 and older Black Belt Divisions will use the Daedo Electronic chest protectors. These items will be provided at tournament. You must supply you own Daedo electronic footpads (Either Gen 1 or 2 footpads are allowed). If you do not have the scoring footpads, you may purchase them at <http://daedotruescore.corecommerce.com/Electronic-Sparring-Gear/E-Foot-Gear-p21.html>



## Designated Poomsae (Forms) – Black Belt Divisions 1st – 9th Dan – WTF/USAT Scoring

Divisions	Preliminary	Final
<b>Individual – Male &amp; Female Divisions:</b>		
Youth (10 – 11 years)	Taegeuk 8	Taegeuk 6, Koryo
Cadet (12 – 14 years)	Taegeuk 6	Taegeuk 7, Keumgang
Junior (15 – 17 years)	Taegeuk 5	Taegeuk 6, Taebaek
1st Senior (18 – 30 years)	Taegeuk 6	Koryo, Keumgang
2nd Senior (31 – 40 years)	Taegeuk 8	Taebaek, Shipjin
1st Master (41 – 50 years)	Keumgang	Taegeuk 8, Taebaek
2nd Master (51 – 60 years)	Keumgang	Pyongwon, Shipjin
3rd Master (61+ years)	Koryo	Keumgang, Jitae
<b>Pairs – Co-Ed:</b>		
14 and under (10 – 14 years)	Taegeuk 4	Taegeuk 6, Koryo
Juniors (15-17)	Taegeuk 5	Taegeuk 8, Keumgang
1st Pair (18 – 30 years)	Taebaek	Taegeuk 6, Pyongwon
2nd Pair (31 + years)	Keumgang	Koryo, Shipjin
<b>Team – Male &amp; Female Divisions:</b>		
14 and under (10 – 14 years)	Taegeuk 4	Taegeuk 6, Koryo
Juniors 15-17)	Taegeuk 5	Taegeuk 8, Keumgang
1st Team (18 – 29 years)	Taebaek	Taegeuk 6, Pyongwon
2nd Team (30+ years)	Keumgang	Koryo, Shipjin

### Awards

- Gold, Silver, and Bronze medals will be awarded to the top three finishers in each event. Two Bronze medals will be awarded in sparring and WT/USAT Poomsae divisions.
- A team trophy will be awarded to the top Taekwondo School, with the largest number of participants. In case of a tie, the tie-break will be based upon the number of 1st place finishes by each school. Please be sure to indicate your TKD school name when completing your registration form.
- Scholarship awards for black belt sparring and sport poomsae ONLY. Minimum 3 competitors per group as outlined. Listed amounts are minimums award amounts:
  - Cadet (12-14) and Juniors (15-17) – male and female winners of each weight class will receive a scholarship lottery ticket. At conclusion of all matches, 1 winning ticket for a male competitor

and 1 winning ticket for a female competitor from the Cadet division, 1 winning ticket for a male competitor and 1 winning ticket for a female competitor from the Juniors division will be drawn to receive a \$200 training scholarship to be used towards 2021 National competitions or the 2022 State Championships.

- Adult Males (18-39) – winners from each weight class combine to compete for the \$500 Grand Champion scholarship.
- Adult Women (18-39) – winners from each weight class combine to compete for \$200 Grand Champion scholarship.
- Senior (40+) – male and female winners of each weight class will receive a tournament lottery ticket. At conclusion of all matches, the winner will be drawn to receive the \$200 scholarship.
- Male and Female winners from the WT/USAT Sport Poomsae Junior (10-17) Divisions and Senior (18 and up) Divisions shall compete in the Grand Champion Black Belt Poomsae Challenge – athletes will present 1 form (as set forth above), highest overall score in these two divisions receives the \$200 training scholarship to be used towards 2020 National competitions or the 2021 State Championship.

### **Age & Weight Classes**

*Note: We are utilizing the date of December 31 of the given year (December 31, 2021) to determine the age of all competitors. Example: If an athlete turns 14 on October 26, 2021, they will compete as a 14-year old in the 2021 Sunshine State Games Taekwondo Championship, even though they are 13 years old at the time of this event.*

### Poomsae (Forms – Standard/Traditional) / Goypka (Breaking – Standard)

- Junior Age Divisions: 5 & Under, 6-7, 8-9, 10-11, 12-13, 14-15, 16-17
- Men/Women Age Divisions: 18-29, 30-39, 40-49, and 50+.

### Goypka – Power Breaking – Black Belt only

- Men/Women Age Divisions: 18-29, 30-39, 40-49, and 50+

### Gyoroogi (Sparring)

- Color belt Junior Age Divisions: 5 & Under, 6-7, 8-9, 10-11, 12-13, 14-15, 16-17
- Grass Roots Black Belt Age Divisions 5 & Under, 6-7, 8-9, 10-11, 12-14, 15-17, 18-29, 30-39, 40+
- World Class Black Belt Age Divisions: 12-14, 15-17, 18-29, 30,39, 40+

\*\* Except for 12-14,15-17, 18-29 and 30-39 years old Black Belt sparring divisions, all weight divisions (Standard Forms, Standard Breaking & Sparring) will be classified as Light, Middle or Heavy. Additional sparring weight divisions may be added at the time of competition based upon number and weight of the competitors in a specific sparring division. However, this modification is at the sole discretion of the Event Director. There are no weight divisions for WT/USAT Poomsae and no weight divisions for Power Breaking or Weapons.

### **12-14 years old Black Belts – Sparring (Grass Root & World Class)**

<u>Classification</u>	<u>Male</u>	<u>Female</u>
Fly	Under 81.6 lbs.	Under 72.0 lbs.
Feather	81.7-99.2 lbs.	72.9 – 90.4 lbs.
Welter	99.3-116.8 lbs.	90.5 – 103.6 lbs.
Middle	116.9 – 134.5 lbs.	103.7 – 121.3 lbs.
Heavy	Over 134.5 lbs.	Over 121.3 lbs.

### **15-17 years old Black Belts – Sparring (Grass Root & World Class)**

<u>Classification</u>	<u>Male</u>	<u>Female</u>
Fly	Under 105.8 lbs.	Under 97.0 lbs.
Feather	105.9-121.2 lbs.	97.1 – 108.0 lbs.
Welter	121.3-138.9 lbs.	108.1 – 121.2 lbs.
Middle	139.0 – 160.9 lbs.	121.3 – 138.9 lbs.
Heavy	Over 160.9 lbs.	Over 138.9 lbs.

### **18-29 & 30-39 years old Black Belts – Sparring (Grass Root & World Class)**

<u>Classification</u>	<u>Male</u>	<u>Female</u>
Fly	Under 127.6 lbs.	Under 112.2 lbs.
Feather	127.7 – 147.4 lbs.	112.3 – 129.8 lbs.
Welter	147.5 – 171.6 lbs.	129.9 – 147.4 lbs.
Heavy	Over 171.6 lbs.	Over 147.4 lbs

#### **Hotel Information:**

[Click here](#) for hotel information for the Taekwondo event.

#### **Registration**

[Click here](#) to register for the 2021 SSG Taekwondo Championships.

#### **FSF Staff Contact**

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