

**2021 Sunshine State Games Powerlifting - Polk County Festival**  
**Saturday, May 29 - Auburndale Community Center**

Name	Awards Division	Wt Class	SQ 1	SQ2	SQ3	Best SQ	B1	B2	B3	Best Bench	Subtotal	DL 1	DL 2	DL 3	Best DL	Total
Samantha Jefferson	Women's Raw Junior (20-23)	84	162.5	170	182.5	182.5	107.5	115	-120	115	297.5	192.5	197.5	205	205	502.5
Mariya Yermak	Women's Raw Open	57	150	-155	-155	150	70	72.5	-75	72.5	222.5	150	155		155	377.5
Luis Gallego	Men's Raw Junior (20-23)	83	215	225	235	235	145	152.5	-157.5	152.5	387.5	222.5	235	-247.5	235	622.5
Yosbany Gonzalez	Men's Raw High School	120+	222.5	227.5	240	240	-190	197.5	-200	197.5	437.5	272.5	285	290	290	727.5
Ashley Lamparelli	Women's Raw Open	69	117.5	125	130	130	72.5	77.5	80	80	210	160	-165	165	165	375
Fredy Gomez	Men's Raw Open	83	180	185	187.5	187.5	130	140	145	145	332.5	227.5	235	-245	235	567.5
Sarahi Rubio	Women's Raw Open	76	115	120	127.5	127.5	87.5	-95	95	95	222.5	142.5	147.5	150	150	372.5
Gibson Kim	Men's Raw Open	105	200	215	220	220	137.5	140	-142.5	140	360	230	240	-250	240	600
Mark Gettings	Men's Raw Police Fire Military	93	190	197.5	-202.5	197.5	150	155	157.5	157.5	355	187.5	197.5	202.5	202.5	557.5
John linehan	Men's Raw Master II (50-59)	93	182.5	187.5	192.5	192.5	147.5	152.5	-157.5	152.5	345	187.5	195	200	200	545
Mark Flach	Men's Raw Master II (50-59)	93	165	172.5	-185	172.5	127.5	132.5	-135	132.5	305	227.5	237.5	250	250	555
Cedric McMillion	Men's Raw Open	105	125	145	182.5	182.5	125	-142.5	150	150	332.5	142.5	182.5	227.5	227.5	560
Hunter Guy	Men's Raw Junior (20-23)	74	152.5	160	172.5	172.5	-100	105	-115	105	277.5	190	200	-230	200	477.5
Suzanne LaForge	Women's Raw Master III (60-69)	63	92.5	105	-115	105	57.5	62.5		62.5	167.5	140	150	-160	150	317.5
Murphy Carroll	Men's Raw Collegiate	74	-157.5	157.5	167.5	167.5	97.5	102.5	-110	102.5	270	170	180	195	195	465
Diallo-Sekou Seabrooks	Men's Raw Open Bench Only	105					142.5	150	155	155						155
David Vega	Men's Raw Collegiate	74	157.5	-167.5	-167.5	157.5	102.5	115	-122.5	115	272.5	170	182.5	192.5	192.5	465
Ashlie Noboa	Women's Raw Open	57	92.5	112.5	117.5	117.5	42.5	50	-57.5	50	167.5	92.5	107.5	-117.5	107.5	275
Dylan Gabor	Men's Raw Teen II (16-17)	74	157.5	162.5	167.5	167.5	105	110	-115	110	277.5	162.5	172.5	177.5	177.5	455
Sinai Concepcion	Women's Raw Junior (20-23)	47	82.5	90	-92.5	90	35	37.5	-40	37.5	127.5	110	115	-117.5	115	242.5
Larry Workman	Men's Raw Open	120	182.5	192.5	200	200	125	132.5	-140	132.5	332.5	215	227.5	-235	227.5	560
Dinh Tat	Women's Raw Open	57	80	90	95	95	62.5	65	-70	65	160	92.5	115	120	120	280
John March	Men's Raw Master III (60-69) Bench C	83					125	130	-137.5	130						130
John March	Men's Raw Open Bench Only	83					125	130	-137.5	130						130
John March	Men's Raw Police Fire Military Bench	83					125	130	-137.5	130						130
James Paiz	Men's Raw Teen II (16-17)	83	167.5	175	-177.5	175	100	105	110	110	285	170	177.5	185	185	470
Madison Yonash	Women's Raw Collegiate	63	97.5	102.5	107.5	107.5	60	65	-67.5	65	172.5	105	110	115	115	287.5
Jesus Albiter	Men's Raw Open	120+	182.5	200	220	220	125	130	-142.5	130	350	227.5	-242.5	245	245	595
Gabriel Gomez	Men's Raw Open	74	137.5	142.5	-145	142.5	87.5	-90	90	90	232.5	150	155	162.5	162.5	395
Kristin Mumby	Women's Raw Open	63	75	80	85	85	42.5	45	-50	45	130	102.5	110	117.5	117.5	247.5

Autumn Gibson	Women's Raw Open	57	65	72.5	77.5	77.5	47.5	-50	-50	47.5	125	97.5	100	-105	100	225
Blake Altman	Men's Raw Teen II (16-17)	74	102.5	110	117.5	117.5	72.5	77.5	80	80	197.5	147.5	160	-165	160	357.5
Mariah Goodwin	Women's Raw Open	84+	97.5	105	117.5	117.5	50	57.5	-60	57.5	175	97.5	107.5	120	120	295
Crystal Woods	Women's Raw Open	84+	77.5	90	102.5	102.5	52.5	-55	-55	52.5	155	85	107.5	125	125	280
Marlene Martinez	Women's Raw Open	76	92.5	102.5	-107.5	102.5	40	42.5	-45	42.5	145	102.5	110	115	115	260
Michael Bitting	Men's Raw Master III (60-69)	120	125	132.5	137.5	137.5	105	115	122.5	122.5	260	135	145	150	150	410
Raymond Arango	Men's Raw Open	120+	175	-187.5	187.5	187.5	102.5	110	120	120	307.5	145	150	170	170	477.5
Sherri Flach	Women's Raw Master II (50-59)	63	67.5	72.5	77.5	77.5	37.5	42.5	-47.5	42.5	120	67.5	72.5	77.5	77.5	197.5
Aundria Smith	Women's Raw Teen II (16-17)	84+	-80	80	85	85	55	57.5	60	60	145	87.5	90	92.5	92.5	237.5
Rebecca Hayden	Women's Raw Master I (40-49)	84+	80	90	-95	90	35	-42.5	45	45	135	90	100	105	105	240
William Mistal	Men's Raw High School	120	92.5	100	110	110	50	65	-75	65	175	120	127.5	137.5	137.5	312.5
William Mistal	Men's Raw Teen I (14-15)	120	92.5	100	110	110	50	65	-75	65	175	120	127.5	137.5	137.5	312.5
Rocky Malphurs	Men's Equipped Master II (50-59)	120														0
Gary Valero	Men's Raw Master II (50-59)	59	75	77.5		77.5										0
Roy Malphurs	Men's Raw Master II (50-59)	120	227.5	237.5	245	245	140	-145	145	145	390	227.5	237.5	242.5	242.5	632.5
Gary Valero	Men's Raw Open	59	75	77.5		77.5										0
Shawn Dalton	Men's Raw Open	74														0
Joshua Petro	Men's Raw Open	120+														0
Philip Tomeo	Men's Raw Open Push/Pull	74					-117.5	117.5	120	120		232.5	242.5	-247.5	242.5	362.5
Lawrence Milford	Men's Raw Master III (60-69) Deadlift	83										85	90	95	95	95