



Sunshine State Games Schedule (Final)

Friday, June 12, 2026 – FAST Pool/Ocala

VERY IMPORTANT NOTE: WE WILL RUN AHEAD IF POSSIBLE. PLEASE HAVE FAMILIES ARRIVE EARLY
(All Events Youngest to Oldest)

10:45	Doors open
11:00	<i>Coaches Officials Meeting</i>
11:00-11:30	Lap Swim
11:30-11:40	Youth figure warm-ups
11:45-12:10	Youth Figure Competition
12:10-12:20	12u Figure Warm-ups
12:25-12:45	12u Figure Competition
12:45-12:55	Tech Solo and Tech Duet Warm-ups
1:00-1:45	Tech Solo (5) and Tech Duet (6) Competition
1:45-1:55	Tech Team Warm-ups
2:00-2:20	Tech Team Competition (4)
2:20-2:30	Free Solo/Duet and Trio Warm ups
2:35-4:00	Free Solo (11), Free Duet (10), Free Trio (3) competition
4:00-4:10	Free Team Warm Up
4:15-4:40	Free Team Competition (5)
4:40-4:50	Combo Warm-Ups
4:55-5:10	Combo Competition (3)

Awards will be distributed after scoring has completed data entry and verification. Teams are asked to clean their areas prior to awards presentation. NO KNOXING or DEKNOXING in the facility



Sunshine State Games Schedule (Final)

Saturday, June 13, 2026 – FAST Pool/Ocala

**VERY IMPORTANT NOTE: WE WILL RUN AHEAD IF POSSIBLE. PLEASE HAVE FAMILIES ARRIVE EARLY
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7:00	Doors Open
7:15	Coaches meeting and Lap Swim
7:30-7:40	Intermediate figure warm up
7:45-9:15	Intermediate figure competition (89)
9:15-9:25	Solo Warm Up
9:30-10:30	Solo Competition (21)
10:30-10:40	Duet Warm up
10:45- 12:05	Duet Competition (26)
12:05-12:25	Lunch
12:20-12:30	Team Warmup 1
12:30-12:40	Team Warmup 2
12:40-12:50	Team Warmup 3
12:55-1:40	Team Competition (13)
1:45-1:55	Trio Warmup
2:00-2:45	Trio Competition (10)

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Sunshine State Games Schedule (Final)

Sunday, June 14, 2026 – FAST Pool/Ocala

**VERY IMPORTANT NOTE: WE WILL RUN AHEAD IF POSSIBLE. PLEASE HAVE FAMILIES ARRIVE EARLY
(All Events Youngest to Oldest)**

8:00	Door Open
8:15	Coaches Meeting/Lap Swim
8:30-8:40	Novice/AWD Figure warm-up
8:45-9:45	Novice/AWD Figure competition (77)(2)
9:50-10:25	Novice/AWD swim through with music Alphabetical Order
10:25-10:35	Open solo and duet warm up
10:35-10:45	AWD solo competition (4)
10:45-11:00	Open Solo Competition (6)
11:00- 11:45	Novice Duet competition (20)
11:45-11:50	AWD Duet Competition (1)
11:50- 12:00	Open Duet Competition (5)
12:00-12:20	Lunch
12:15-12:25	Open/Masters Trio, combo and Team warm up 1
12:25-12:35	Open/Masters Trio, combo and Team warm up 2
12:40- 1:05	Novice Trio Competition (11)
1:05-1:10	Open Trio Competition (2)
1:10-1:45	Novice Team competition (12)
1:45-2:00	Open Team Competition (4)
2:00-2:05	Masters Team Competition (1)
2:05-2:10	Open combo Competition (1)

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OTHER NOTES OF IMPORTANCE:

TEAM WARM-UPS

INT Team Warm-Ups:

Warm up 1

INT 8 and U (1), 9-10 (1) 11-12(1-2)

Warm up 2

INT 11-12 (3-5), 13-15(1-2)

Warm up 3

INT 13-15 (3-6), 16 and O (1)

Novice Order of Music Swim through

AAA

FSB

GGG

GTC

LYF

MER

HSS

PBC

SSI

SWW

TBS

TOL

Open/Masters Trio, Combo and Team warm up

Warm up 1:

Open Trio (1-2), Masters Team (1), Open Combo (1)

Warm up 2:

Open Team (1-4)